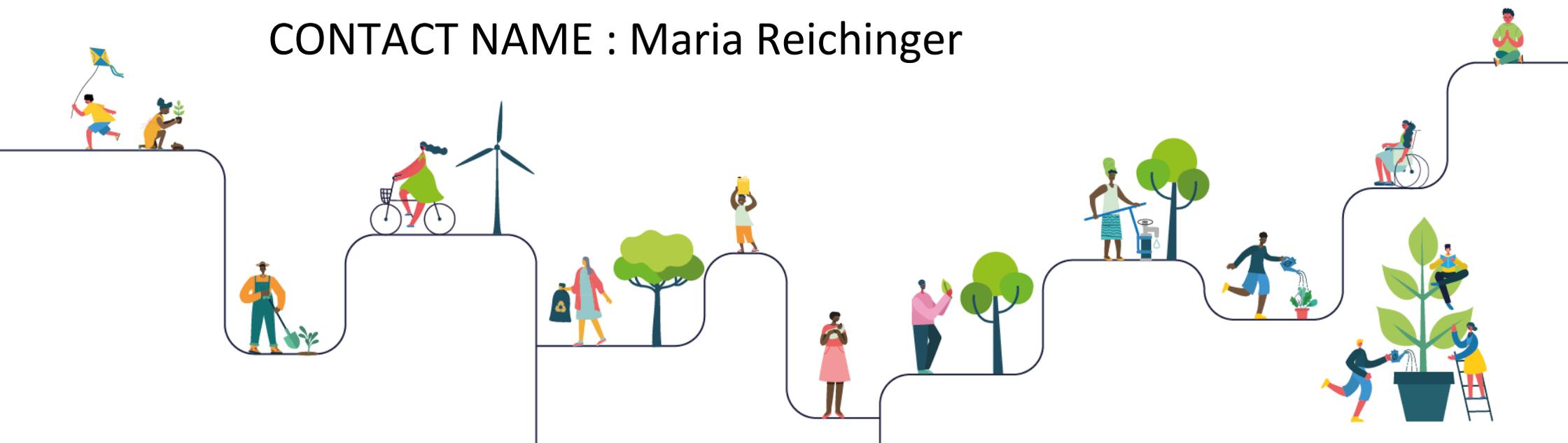


LiveSimply

NAME OF SCHOOL : St Paul and St Timothy's Catholic Infant
School

CONTACT NAME : Maria Reichinger



The **Live**Simply action planning form

Please refer to the **LiveSimply** action planning guide for details on how to fill out this planning document.

<p>GLOBAL</p>	<p>Description of action: LIVING SIMPLY</p> <p>As part of our School of Sanctuary work, we will be participating in Refugee Week 17th -23rd June 2024 to celebrate the contributions, creativity and resilience of refugees and people seeking sanctuary. Noor Mohammed will visit school to lead an assembly, talking about life as a refugee. We will take part in International Day of Peace, 21st September 2024. We will pray for all affected by war and conflict. We shall pray for refugees and displaced people. Children will colour symbols of peace and Y2 children will write prayers for our global sisters and brothers who are affected by war and conflict.</p> <p>Faith Input: John 14:27 Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. Catholic Social Teaching - Promoting peace, human dignity, common good. Peace Liturgy https://cafod.org.uk/education/primary-teaching-resources/peace-liturgy</p> <p>Education input: For children to develop a greater understanding of what 'peace' means and for them to be inspired to think about how they can contribute to making the world a kinder place.</p>	<p>Description of action: LIVING IN SOLIDARITY</p> <p>We will take part in CAFOD's Big Lent Walk to raise funds for CAFOD's work with our global family, supporting people in need and those living in poverty.</p> <p>We will invite parents/carers and parishoners to join us on our walks.</p> <p>Faith Input: CTS -Common Good, human dignity, Collective Worship; those around the world who do not have enough.</p> <p>Education input: For children to understand what the climate crisis is and how this has affected the lives of others, particularly those in less economically developed countries.</p> <p>We will invite our local CAFOD representative into school to talk about the work of CAFOD and how our action can make a difference.</p> <p>Links with Y2 Geography unit on Climate Change.</p>	<p>Description of action: LIVING IN SOLIDARITY</p> <p>Our whole school will take part in World Food Day (16th October 2024). The children will be asked to bring in a 'coin and a tin'.</p> <p>The food collected for Harvest will go to families in need within our local community.</p> <p>The money collected will go to CAFOD.</p> <p>Faith Input: This will coincide with Harvest Festival. There will be a mass for Harvest led by our Y2 children and parents/carers and members of our local community will be invited to attend. We will pray particularly for people in parts of our world who have little or no food.</p> <p>Education input: We will invite our local CAFOD volunteer to lead an assembly with the whole school.</p>
<p>LOCAL</p>	<p>Description of action: LIVING SIMPLY</p> <p>Develop links with a local care home and parishoners of the parishes of St Paul and St Timothy. Children to write letters/send Christmas Cards. Parishoners invited into school to celebrate mass together each term.</p> <p>Faith Input: Coming together with our local community to share and celebrate mass together.</p> <p>Pope Francis - "Elderly people have so much to give us because there is the wisdom of life," He also urged Christians to bridge the gap between older and younger generations so</p>	<p>Description of action: LIVING IN SOLIDARITY</p> <p>School foodbank. Food bank donations each half term and distributed to families in need. throughout the year.</p> <p>Faith Input: Whole school prayer and Liturgy linked to walking in others' shoes based around Mark 12:29-31 to launch the donation drive. Links with St Paul and St Timothy's parishoners for further support with this.</p> <p>Education input: School Council and Minnie Vinnies to support with the Foodbank.</p>	<p>Description of action: LIVING IN SOLIDARITY</p> <p>Launch 'Mini Vinnies' as a joint group with children from the infants (Y2) and St Paul's Junior school. Children will meet once a half term to prepare and discuss ideas for our schools to help out in the local community and to introduce children to social justice issues.</p> <p>Faith Input: Following in Jesus' footsteps of looking after our neighbours. Invite SVP local representative into school for an assesmbly.</p> <p>Education input:</p>

	<p>that the elderly may pass on the “memory of life, the experience of life, the wisdom of life.” “In the measure that we can help young people and old people connect, there will be more hope for the future of our society,”</p> <p>Education input: Link to music- After school choir club participation. Links to RED Prophecy to Promise</p>	<p>Teaching about poverty and the needs of others. The things we take for granted that can make a difference to others.</p>	<p>Learn about St Vincent De Paul, consider how we can be more like him and what virtues he can teach us.</p>
<p>SCHOOL</p>	<p>Description of action: LIVING SUSTAINABLY Develop a joint school outdoor prayer garden with St Paul's Junior School where children can spend time to reflect on nature, God's wonderful world and the people who live in it. Appreciate nature- awe and wonder at God's creation. Work with Mersey forest to plant 99 trees on the school field. We will be developing areas around the school where we can plant pollinator friendly plants to support insects. We will be growing herbs, fruit and vegetables for the school community.</p> <p>Faith Input: Caring for God's creation/Common Good/Importance of prayer and reflection. The greatest commandment, Love God and Love one another. Matthew 23:36-40 Catholic Social Teaching- the common good.</p> <p>We will use CAFOD'S liturgical resources to support this action so pupils understand the importance of taking time to slow down and spend time in prayer or reflection. https://cafod.org.uk/education/primary-teaching-resources</p> <p>Education input: Work with the school council, eco- council and St Paul's Junior School to plan the type of garden we want. Consider sustainability and the plants that thrive in the local area, care of plants, wildlife (bees, butterflies) Budget and economic awareness in purchasing of plants, flowers, equipment etc. Links to Y2 Science- Plants . Making bird feeders</p>	<p>Description of action: LIVING SIMPLY Create a Live Simply Pledge Wall - invite the children, families, governors and parishioners to take part. Complete a brick to add to the pledge wall showing we aim to will Live Simply. Laudato Si assembly led by CAFOD local representative. School newsletter to have a new section dedicated to ‘Living Simply’ to share ideas for families or to share the good work of the school. Establish a Live Simply team with representatives of staff from each year group.</p> <p>Faith Input: Class prayer and liturgy sessions based around Luke 12: 32-34 followed by children making pledges to Live Simply to go on classroom displays.</p> <p>Education input: Using Laudato Si and Live Simply resources to explore what it means to live simply and how can we implement changes in our lives.</p>	<p>Description of action: LIVING SUSTAINABLY Inspired by Laudato Si we will think about (and put into action) how we can refuse, reuse, reduce, repurpose and recycle. focus on ways to recycle in school. Participate in 'The Big Plastic Count 2024', Plastic Clever Schools and The Big Battery Hunt. Establish a uniform /nativity costume recycling scheme. Food waste from lunchtime will be taken daily to feed animals at a local farm.</p> <p>Faith Input: Common Good/Caring for God's Creation. Catholic Social Teaching- Stewardship Psalm 24:1 The world and all that is in it belong to the Lord; the earth and all who live on it are his. Link to the story of creation in new RED.</p> <p>Education input: We will learn about plastic pollution and inspire others in school to take action.</p> <p>We will research what can be recycled by our local council and put litter into the correct bins. We will design posters to display around school.</p>

LiveSimply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

Brief description of main action:

Develop links with a local care home and parishoners of the parishes of St Paul and St Timothy. Children to write letters/send Christmas Cards. Parishoners invited into school to celebrate mass together each term.

School choir to visit a care home termly to sing songs and hymns and interact with the residents.

Children to perform a Nativity play to local parishoners and members of our local community.

How will you plan for a wider community engagement?

Coming together with our local community to share and celebrate mass together.

Pope Francis - "Elderly people have so much to give us because there is the wisdom of life," He also urged Christians to bridge the gap between older and younger generations so that the elderly may pass on the "memory of life, the experience of life, the wisdom of life." "In the measure that we can help young people and old people connect, there will be more hope for the future of our society,"

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Link to local church by reaching out to parishoners.

Termly masses to be held in school and advertised in the parish bulletin to encourage parishoners to attend.

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

This action will encourage relationships with the elderly in our community. The pupils will find out more about the residents and what they recall about their childhood, what is similar and what is different and what jobs the residents may have had.

Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throw away, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

Inspired by *Laudato Si'*, we will educate, inspire, promote, and put into action how we can refuse, reuse, reduce, repurpose, recycle.

How will you plan for a wider community engagement?

Eco-Council to lead assemblies to educate peers on recycling and the importance of doing so. Children, parents and the local community to participate in 'The Big Plastic Count' where we will count our plastic waste with the aim of building evidence to convince UK ministers to lead the way at global talks that could finally phase out plastic pollution for all. We will also participate in Earth Day where we will raise awareness and inspire action to tackle the various environmental challenges facing our planet. We will join Plastic Clever Schools to inspire, investigate and act in order to stop using single use plastics.

We will establish a uniform and nativity costume recycling scheme.

We will aim to reduce our food waste by taking our waste daily to feed the animals in a local farm.

Our Eco-Council and Mini Vinnies will take part in regular litter picks to keep the school grounds tidy and to protect any wildlife.

We will purchase recycling bins for each class and encourage our school community to think about what they are throwing away.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Laudato Si' Catholic Social Teaching - Stewardship

Psalm 24:1 The world and all that is in it belong to the Lord; the earth and all who live on it are his. Link to the story of creation in new RED.

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

<https://cafod.org.uk/education/primary-teaching-resources/laudato-si-for-children>

<https://www.earthday.org/earth-day-2024/>

<https://thebigplasticcount.com/>

<https://plasticcleverschools.co.uk>

Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family.

Brief description of main action:

We will take part in CAFOD's Big Lent Walk to raise funds for CAFOD who work with our global family, supporting people in need and those living in poverty. Each class will spend time during the school day walking around the school grounds.

We will encourage our school community to walk/ride /scoot to school with the aim to improve children's mental and physical health, traffic congestion and air quality around the school.

How will you plan for a wider community engagement?

We will invite parents/carers and parishoners to join us on our walks. For anyone unable to join us in person we will ask them to remember us in their prayers and encourage them to make a donation if they are in a position to do so.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Catholic Social Teaching- Common Good, human dignity

Whole school parayer and liturgy linked to the Good Samaritan (Luke10:30-37)

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

We will lauch our Big Lent Walk with an assembly.

We will use CAFOD resources to support our Big Lent Walk.

<https://schools.walk.cafod.org.uk/>

Links to Science & PSHE- Keeping Healthy/ Exercise

To register for the LiveSimply award, please fill out the form below, and send in your completed action plan to the address below. Upon receipt of your registration we will send you a registration certificate for you to display in your school.

Name of School

St Paul and St Timothy's Catholic Infant School

Address

South Parkside Drive, West Derby, Liverpool L12 8RP

Headteacher

Mrs Joanne Starkey

Contact Name

Maria Reichinger

Email Address

m.reichnger@spst.liverpool.sch.uk

Date 15.04.24

Please email a copy of your plan to schools@cafod.org.uk

**CAFOD Education team,
Romero House,
55 Westminster Bridge Road,
London SE1 7JB.**

Yes, I would like to join an email list for the LiveSimply award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently.

You can change your communication preferences at any time by contacting us at cafod@cafod.org.uk or 0303 303 3030.

CAFOD will never share your data for marketing. For details, see our privacy statement on www.cafod.org.uk/privacy